

**FREE
EDUCATIONAL
SEMINARS**

EMPOWER YOURSELF: ESSENTIAL INSIGHTS ON DEATH & DYING WITH DIGNITY

Talking about death isn't easy, but avoiding it can leave loved ones overwhelmed. Join us for a 60-minute panel discussion with a Hospice Specialist, a Funeral Director, and a Better Death Guide and Planner. Learn how to make informed decisions, ensure your wishes are honored, and ease the burden on those you leave behind. Bring a friend or loved one and start the conversation that truly matters.

Don't wait—planning ahead is a final act of love.

The Empowered Senior Living Talks is not a Senior Source program, but Senior Source offers the use of their beautiful and comfortable venue for monthly Empowered Series programs. Everyone is welcome!

Important! Please pre-register so we can notify you of cancellations. Your information remains private.

**Pre-Registration Required
CALL: 201-479-2255
or visit
www.EmpoweredSeniorLivingTalks.com**



Tuesday March 18th, 2025



Location
Senior Source
310 Riverside Square Mall
Hackensack, NJ



All seminars are held from 1:30-2:45 pm



Register Here



HOST / MODERATOR:

Meet Lorraine Montalbano the founder and moderator for "Empowered Senior Living Talks".

Lorraine is an educator and advocate for older adults in the Northern New Jersey senior community.

